

Mentoring Best Practices

The mentee proactively identifies potential mentors

Both the mentor and mentee participate in mentoring training

Both the mentor and mentee mutually discuss goals and priorities

The mentee actively prepares for meetings with updates on goal progress and inquiry for new topics and issues

Mentee and mentor meet a minimum of once per month for one hour; for a minimum of 6 months total

Assess throughout the relationship for a mutual fit and alignment between the mentor and mentee